

Scott & Juanita

From: "Comox Valley SD 71" <Bill.Sherwood@sd71.bc.ca>
To: <kiwijuan@telus.net>
Sent: November-13-13 12:15 PM
Subject: DPAC Presents - ANXIETY: ITS IMPACT ON CHILDREN
Comox Valley District Parent's Advisory Council is pleased to host

ANXIETY: ITS IMPACT ON CHILDREN

November 25, 2013
7:00 pm in Queneesh Library

Presented by
Barbara Colwell B.Ed., M.Ed.

Anxiety has become a top running 'disorder' in our culture. It is chronic and disheartening whether it is parental or that of a child. Ms. Colwell's presentation will foster a greater understanding of how anxiety has taken hold and show clear strategies for reducing it. Parents will leave feeling confident and empowered in their ability to address this ongoing concern.

Ms. Colwell is a retired school counselor with 35 years experience in teaching and counseling, both within the public school system and in the private sector.

Attended 

14/11/2013